

# Astrology, the Angels and YOU!



Online Class  
Sharon Riegie Maynard



# Introduction

The energy of the planets are very powerful in our lives. Just look at what happens with the moon does her dance across our skies! The waters rise and fall, and our emotions rise and fall.

We talk a lot about the various patterns, ideas, experiences, create energy configurations. These configurations /imprints are like seeds in our life-force field and manifest into our life. Learning to be responsible for weeding your own field, planting what is missing, tending what brings joy is common in our experience.

The powerful energies of the planets are also at play. We are always within the vibrations patterns they create. Those patterns interact with each individual's live field in unique ways. The planet Pluto will swirl within the sign of Capricorn and everyone on the planet is impacted. And, how that energy of Pluto calling for powerful disciplined living plays out differently for each on the planet. It is like the planet enrolls you into a course. You can walk into the class understanding the goal, ready to learn, or feel battered by forces you do not see.

When your own personal seeds are triggered, you use your tools and processes, get the message, transform the seed, planet new and the energy smooths.

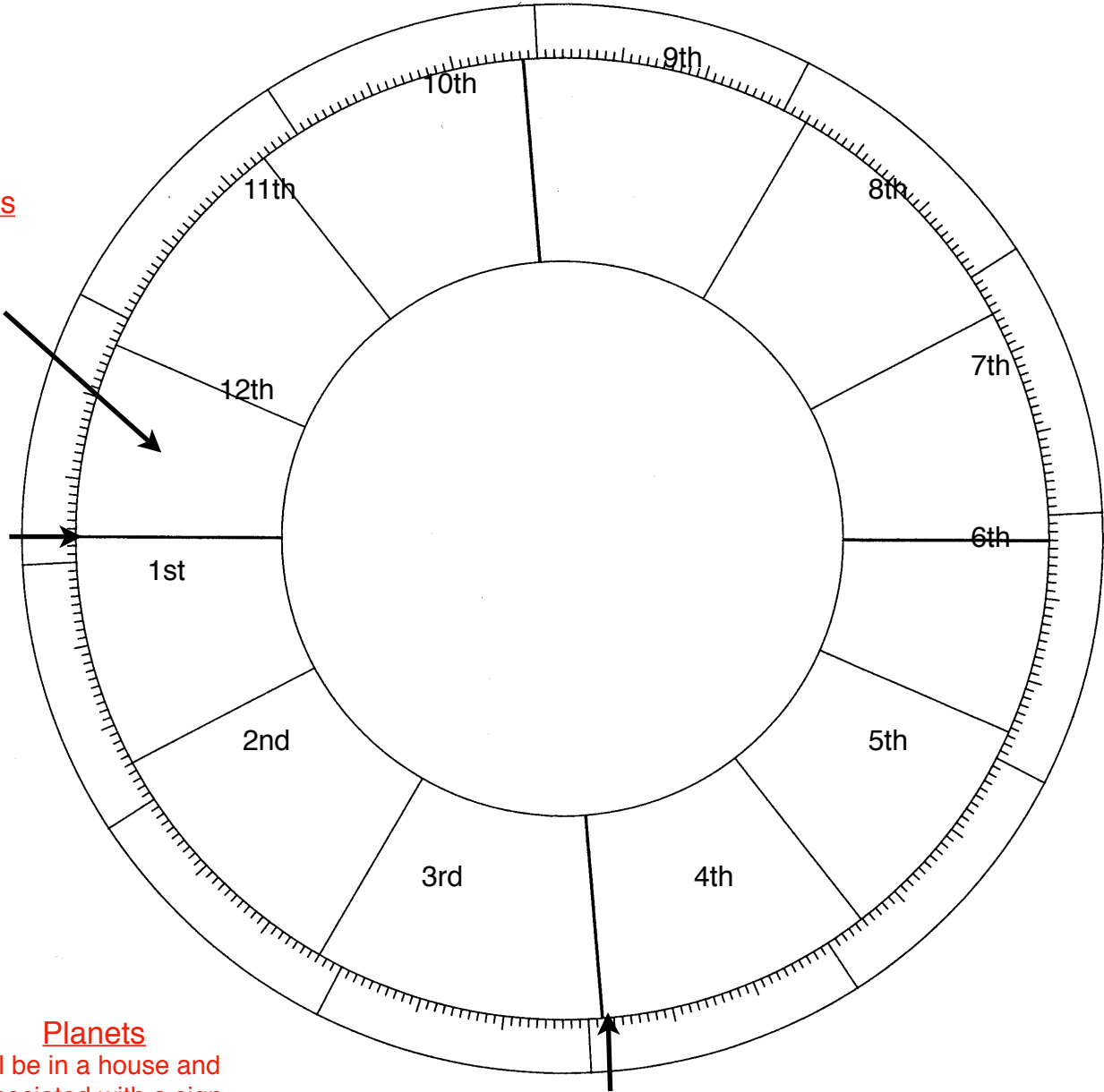
With the planetary impact, the energy does not smooth until the planet moves on which may be months or even years. It is worth knowing what those great Teachers are calling you into!



# Composition of an Astrology Chart

Signs  
are associated with HOW  
the planets will work

Houses  
1-12  
areas of  
life



Planets  
will be in a house and  
associated with a sign

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## Astrology Glyphs and Signs

Planets            What is being activated



Sun            self, ego, embody, yourself



Moon            nurture, comfortable, mother, emotions



Mercury            communicate, curiosity, ideas, thinking



Venus            personal values, beauty, relationships, women



Mars            courage, action, military, men, what is our passion



Jupiter            expansion, jovial, broaden



Saturn            authority, discipline, teacher, men, father



Uranus            electricity, energy, freedom, invention, inspiration, drastic change



Neptune            spiritual, dissolution, connection to Greater



Pluto            power, transformation, universal, masses, compulsions

## Signs

### How the Energy will show up...



Aries courage, self-assertion, energetic, action, military, passion  
*(selfish, impatient, argumentative, foolhardy, restless, thoughtless, combative)*



Taurus earthy, productive, enduring, restrained, practical, steadfast, resourceful, conservative  
*(self-indulgent, stodgy, self-centered, grasping, possessive, stubborn)*



Gemini inquisitive, adaptive, communicative, mentally active, adaptable, curious  
*(cunning, scattered, restless, excitable, inconsistent, superficial)*



Cancer defensive, sensitive, emotional intuitive, enterprising, nourishing resourceful  
*(moody, self-pity, timid, untidy, inferiority complex, defensive, touchy, over-emotional)*



Leo powerful, impressive, energetic, intensive, steadfast, spontaneity, leader  
*(bombastic boastful, snobbish)*



Virgo competent, analytical, restrained, practical, efficient, perfection, discriminating  
*(critical, fussy, worrisome, interfering)*



Libra balanced, harmonious, enterprising, peace-loving, friendly, artistic  
*(indecision, frivolous, changeable, lack of confidence, lazy)*



Scorpio penetrating, intense, analytical, perceptive, passionate, intense, deep  
*(brooding, resentful, jealous, secretive, vindictive, obstinate, suspicious)*



Sagittarius extensive, freedom, optimistic, sincere, frank, adventuresome, idealistic, foresighted, jovial  
*(extremist, tactless, boastful, exaggerating, restless, inconsiderate)*



Capricorn socially acceptable, disciplined, calculating, responsible, rational, prudent, restrained  
*(severe, selfish, narrow-minded, critical, miserly, too conventional, inhibited, worrisome)*



Aquarius detached, unconventional, progressive, independent, reformative  
*(perverse, eccentric, cranky, rebellious, erratic, detached)*



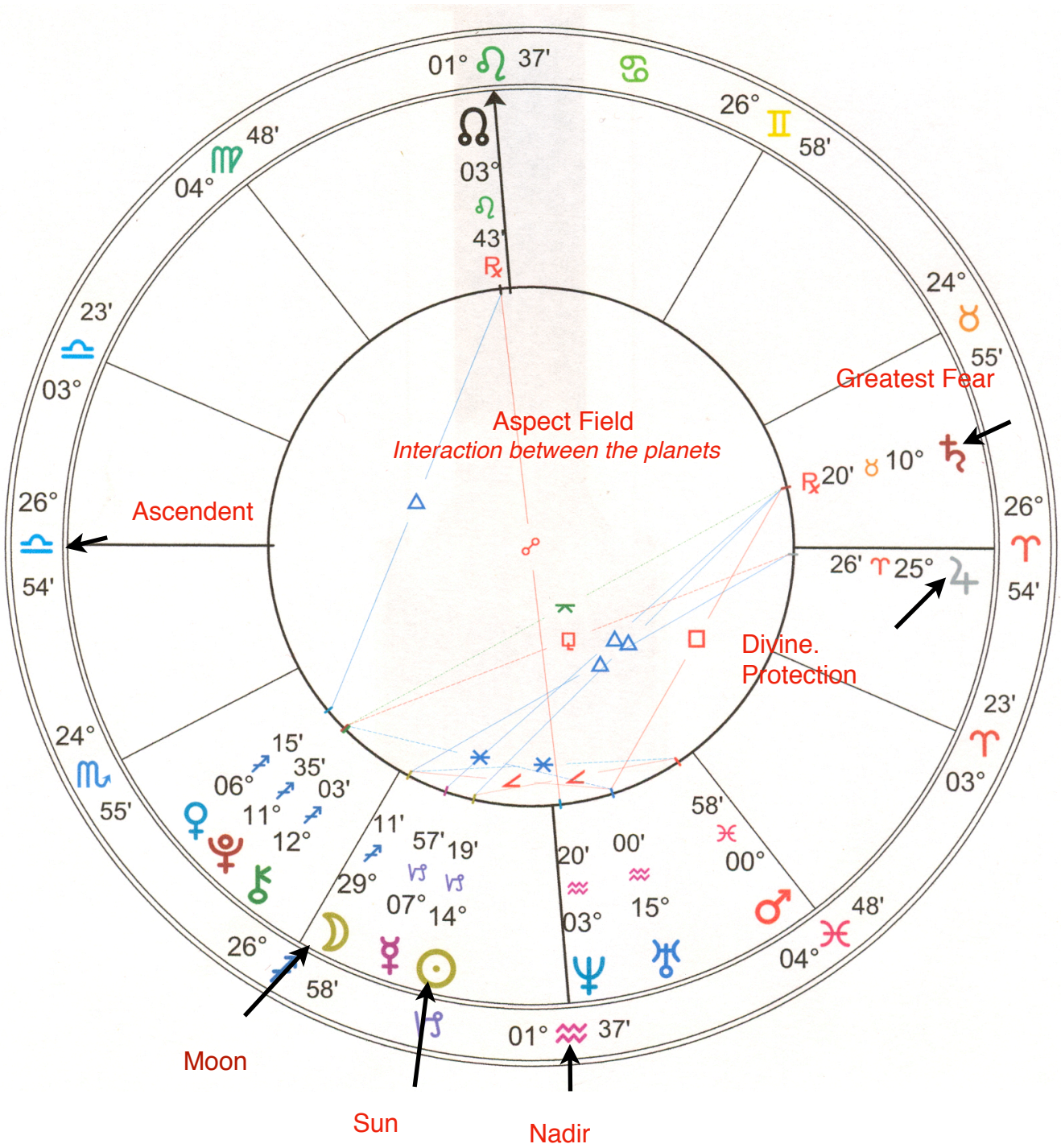
Pisces spiritual, nebulous, impressionable, service, artistic, sympathetic, urge to transcend the material  
*(impractical, careless, gullible, emotional, secretive, deceitful, deluded, timid)*

## Houses

### Where the planets will cause action

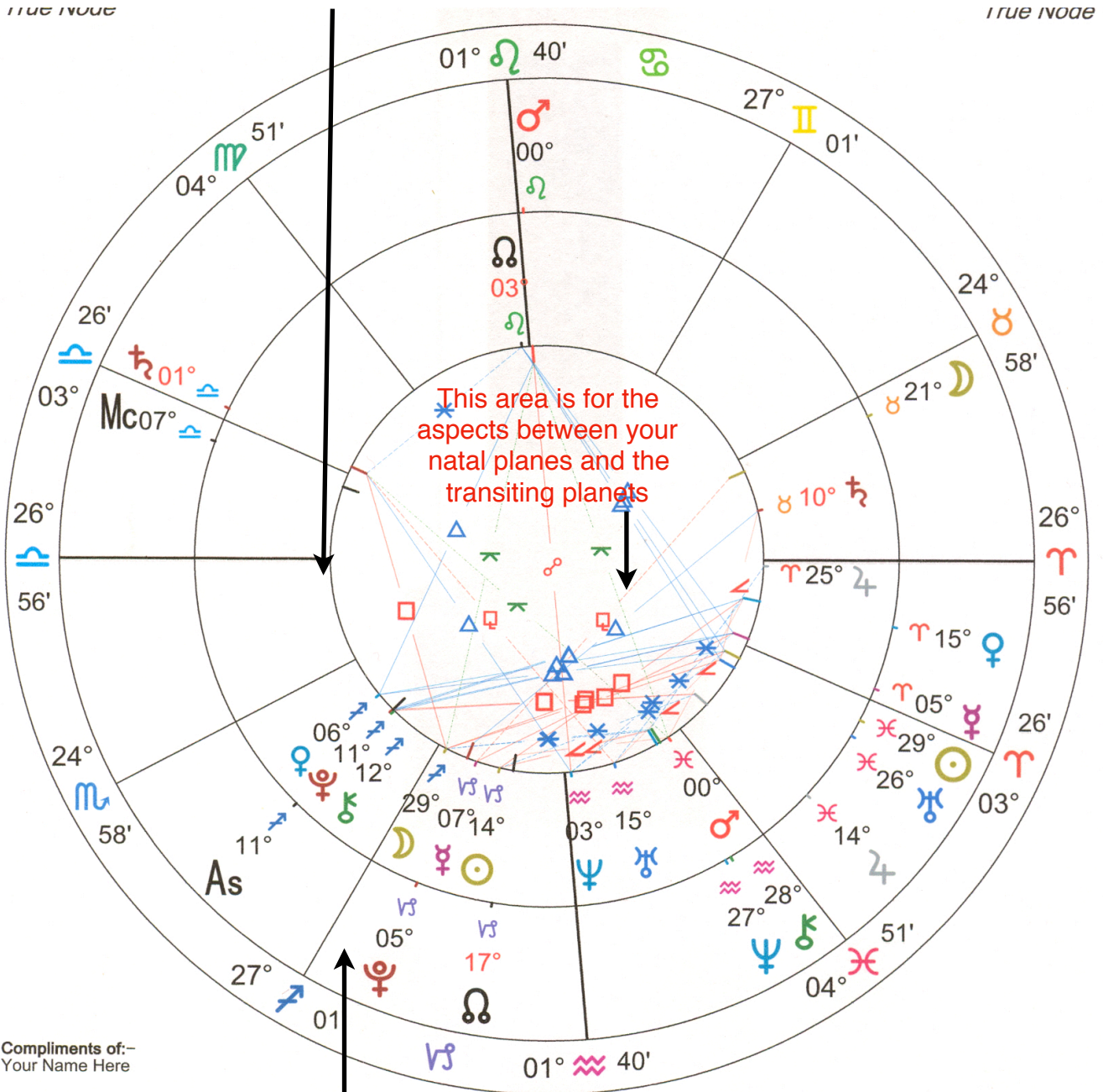
- 1st Self, beginnings, emergence, renaissance
- 2nd Possessions, money, personal security, resources, follow-through
- 3rd Information gathering, communications, asking questions, short travel, brothers and sisters
- 4th Home, intimate relative, roots
- 5th Self-expression, creations, children, psychic refueling, playful, unpremeditated celebrations  
love affairs with life
- 6th Conformity, service to the community, acquisition of skills, submission to a higher  
purpose, learning to be useful, health, healing
- 7th Identification and unity of self with others at a personal level, cooperation,  
interdependency, supportive, partnering
- 8th Self-sacrifice, shared resources with others, integration, intensification of feelings, psychic  
housecleaning, sexuality, mortality, life's mysteries, transformation
- 9th New horizons, expansion, exploration, education, attaining perspective, breaking up  
routines, define fundamental values
- 10th Social status, empowerment, career, going public, professional roles, declaration
- 11th Self-direction, dreams, groups of like-minded, goal setting, strategic alliances, pathfinding
- 12th Mystic, in service to the greater, escapism, confinement, dissolution, letting go, large  
institutions, surrender, self-transcendence, hidden

# Composition of a Natal (Birth) Chart



# Composition of a Transit Chart

This area is for planets of your natal chart



This area is for the transiting planets



# Aspects

## Squares and Oppositions

### Opportunities in the form of challenges



Square: Inharmonious energies which calls for significant effort to integrate.

Fear will cause friction.

Squares ask the question, “Do I have the strength, vigor or courage to find a way to integrate this and that?”

**This would be the sentence structure: *I have the strengthen, courage, tenacity to weave (this) into (that).***



Opposition: Harmonious element both active and over stimulated. Lack of objectivity will cause a feeling of being caught in the middle, this or that or this or that...

Oppositions ask the question, “What can I learn from this that will help me be a greater expression of that within myself?”

**This would be the sentence structure: *I have learned (this) that will help in as I do (that).***

## Steps in Using this Workbook

1. Print our your ASTROLOGY CHART.
2. On the printed CHART, circle the planets in the OUTER(transit) region which are in the signs: Pluto, Uranus and Neptune
3. From the glossaries for the planet and sign, write a word for the planet and a word for the sign.
4. Next, write a word for the house in which those circled planets reside.
5. Highlight OUTER (transit) planets that have aspects: opposition, square.
6. If these planets have no aspect, move to step #8.
7. For the transiting aspects, identify the INNER (birth) planets that the aspect line touches and circle those planets. Repeat step #3 and #4 for those planets
8. Find 2 or 3 challenging aspects with the other planets. Circle the planets and signs and repeat the above steps
9. You now have several groups with a planet, sign, and house and words to define those items.
10. In the lined section, or in your journey, list each group, i.e. Pluto, Capricorn, 3rd would be listed as “transformation, socially acceptable structures, media/communication”
11. Using the group definitions, we will create Statements based on the questions the transits are presenting.

You will have two types of statements.

- One will be Pluto, Uranus, and Neptune and either aspect sentences or expansion sentences
- Two will be other planets which have aspects opportunities.

## Creating Sentences to Participate With Aspects

### **Transiting Planets Activation with no Aspect Sentence Structure:**

I am expanding (use the words for the planet and sign) within this (house) area of my life.

### **Opposition Sentence Structure:**

*I have learned (this: use the words of one group) that will help in as I do (that: use the words of the other group).*

### **Square Sentence Structure:**

*I have learned (this: use the words of one group) that will help in as I do (that:use the words of the other group).*

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## Using the TAG Processes with the Planetary energy

1. Write Reality Statements for the energy from your natal chart.
2. Write Reality Statements for the energy from your transiting chart.
3. Write Reality Statements for any aspects.
4. Do the Reality Shift and Brain Balance with each Statement.
5. Repeat as often as you intuit.

### Review of the TAG Processes

#### **Reality Shift:**

This is the tool you can use to redesign and expand your life. Unlike an affirmation, the Reality Shift works from the higher realms and is directed by your soul design.

There are three steps:

Step 1. Describe your ideal world as if you are experiencing it now. This is similar to an affirmation but need not be specific. Write a sentence using personal and present tense, i.e., "I now am...." You are choosing your next experience and in the process old patterns can be transformed.

Step 2. Ask your spiritual team, "Please move me and to whom I am loving connected into this chosen reality".

Step 3. Next, ask your spiritual team, to "TAG and Transform, anything which has, is or would keep us from this experience."

A Reality Shift can be repeated three to four times for the first three days. After that, repeat it as you wish. You can also create a card with your reality statement to post on your mirror, refrigerator, in your office, etc.

## **Brain Balance:**

To integrate the new Realities into your brain and neurological system:

- A. Read the Reality Statement.
- B. Cross Crawl....March in place crossing the meridian of your body, left hand to right knee and right hand to left knee. As you Cross Crawl, keep your face forward and move your eyes as if they are paintbrushes that you are using to paint the wall in front of you.
  - A. Puppet. March in place lifting right hand and right leg at the same time and then left hand and left leg at the same time. As you do the puppet, move your eyes like paintbrushes as in step B.
- D. Visualize the Reality Statement as if you were in the experience.
- E. Hold both hands out to the side at shoulder height. Each hand symbolizes one hemisphere of your brain. Gently, lift your hands above your head and interlace fingers. Then bring the linked hands down to through the chakras and draw energy into your hands from the earth.

Cross crawl to anchor the reality into the body.