

Imaging to Actualizing Building a Business of Heart and Soul



**Begin with you as the Center of your
career Gameboard**

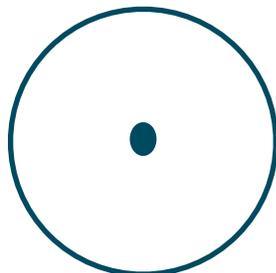


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Your Goal: Why are you here?

- **What would you like to accomplish?**
- **Why did this workshop appeal to you?**
- **What ideas or steps have you taken with your project?**

Many begin building before they evaluate

- what to create
- where to foundation their project
- who would be interested
- how to get their project out to the world

Write a statement to say what you want to create. Ask, does your heart and soul know it can add thriving to your life?

NOW is the perfect time to try your ideas on.

You made a birth plan and brought in dreams, skills, contract. In your life, you have had many experiences, tasted lots of stories,

NOW, what is your BIG WHY?

Why do you want to create this idea?

Ponder:

- **How deeply to you believe in its value? 1 to 10**
- **How deeply are you committed to bringing it into form? 1 to 10**
- **How deeply do you believe in you, that you can do this? 1 to 10**

What came up? Thoughts, feelings, doubts, fear, and procrastination are normal. Why?

When you put your foot onto a new or expanded path, your own healing begins...

Make a list of skills, tools, individuals, who can help you heal old patterns when they come up.

Reality Statement... I have the courage and tenacity to bring my WHAT into forms to share.

WHERE To Build: Possible landscapes

When you choose to build a house, you choose where you want it to stand, i.e. a Landscape.... desert, forest, mountain, beach?

You have inherited a Landscape for your life. The Landscape comes from stories, experiences, trauma held within your unconscious. Those unconscious or assumed constructs create a box, a landscape within which you live.

The landscape is a foundation from which YOUR Project manifests.

Don't worry about marketing until you have chosen your landscape.

Here some manifestations of our Current Landscape. How does this current culture allow women, and other 2nd class citizens, to be supported?

- less pay
- competition because there is not enough
- the person with the most toys is a success
- Your spiritual gifts are to be given freely with no recompense
- Thought that one is insufficient drives the market (create a need and offer the solution)
- What the market will bear

Principle and Laws Of the Galactic Landscape

It is held within the Sacred Ground Collective Community

The Divine plan for our Earth mission allows for support and thriving with Laws

- Ideas are Manna
- Law of Manifestation
- Ask and Receive..
- Requests come from the physical world and given through idea flow
- Personal Choice - you choose and you will be shown how to do
- Totally connected to your Spiritual home as an ambassador for millions (7 billion on the planet, 100 X 7 billion in the galactic worlds)
- women values of good foundation creations and brings thriving to all
- women together through energy roots within Earth/Gaia
- women design and discern- Sophia, the voice to keep space clear of control
- men fill energy with codes of benefit and direct that flow into the village/home with their heart and muscle strength
- Energy is our currency, i.e. become a mastery over mind, focus,
- Law of reciprocity, there is no end to energy
-

Which Landscape do you want to build from?

Your project and the model for it's existence in the world is your Gameboard. The Landscape, determines what you will use as avatar, goals, challenges, where there is support, respect, or discounting, etc.

Claim your landscape by what you consider values, truths

You are in the Center of the Circle.

WHO are YOU? the Core of Your Life

Write in the circle:

- **What your value**
- **The quality of Character you appreciate**
- **Your super gift**
- **What value will your WHAT add to in individual's life?**

With the Law of Manifestation, anything within our energy field that is contrary to those choices, will show up and become your opportunity to heal them.

Where to begin, Law of Personal Choice

On Galactic Landscape, you begin, by claiming the end result. A house is not built without a blueprint, and approval. I suggest using a Reality Statement within the Reality Shift Process

Reality Statements

- My gifts from the unseen are formed in multiple ways that empower myself and lift those who are seeking.
- I bring my passionate mission into forms that serve and expand those who are calling for my gifts.
- Those who are hungry for the spiritual guidance I flow find me effortlessly.
- I have the courage and tenacity to stay with what is calling you?

The Law of Personal Choice says, YOU choose and those in the unseen working with you will show you the steps. Claim the end and doors will open. Working in the unseen will change the seen

WHO is calling: individuals are asking

Use the graph on page 14 and fill in:

What are the qualities of the clients you would like to work with?

What would they love from you that would inspire you also, raving fans.

Words your clients would resonate with?

They are looking for what they need, not for what you can offer.

List words they might use, situations they may be facing, emotions they might have.

Who is it NOT for you?

What are your NON-negotiables

What influencer/person or organization would be supportive of your idea/project/book?

Paradox, balance activities that are good for the world, with activities that are good for you. Your big WHY ought to include the benefits you gain from the project, including time and money freedom

Covid has been time of great shakeup. There are advantages to being an entrepreneur now:

- you can add, change, pivot quickly.
- Value of internet is a large outreach, less costs, quick pivot.
- It requires money to get your idea together and out to others.

Energy is Your Currency and Wealth: where is your's going?

Use the circle on page 16 and divide by your time expenditure:

How do you spend your time?

Does it match your values?

Would you treat your bank account this way?

Do you dribble out pennies, nickels, and dimes of energy with no thought?

There is unlimited help in the Spiritual worlds

Begin by writing out your WHAT in statements. And then, ask:

Is there a spiritual plan in place for this to manifest for me? (if not, ask that one be designed and held.)

Do I have a spiritual team? (If not, ask that a spiritual team be brought together who can guide you in bringing your project into it's Highest Expression of Good.)

Realty Statement:

I have a spiritual team of support and guidance that meets with me regularly as we work together to bring the Vision into form.

List the various forms you would be interested in creating in sharing your Vision, i.e. book, podcast, social media

What you have to share can take many forms, and attract various individuals. Everything must match your values and Your Big Why

Look over your list, what sparks your interest? Your passion?

A Model for Your Passion and Vision to Thrive

Your WHY is the touchpoint for your WHAT and HOW in structuring your business

- What are they asking? What are YOU offering within your passions of Why you are doing this work.

What is the biggest package you would create for your right fit client?

- personal mentoring, classes, sessions, group coaching? This requires more of your time, energy and information and so has the highest cost/investment. Time to create a list...
 - What is the biggest, best package that would blow the socks off of your client?
 - Greatest benefit and light
 - Up for your Right fit client

Now consider, What does the Big Package require of your

- **time**
- **energy**
- **does it fit your passion?**
- **does it match your Whys?**
- **how will it serve your best fit client?**
- **does it preserve your non-negotiables?**
- **consider does it excite you?**
- **what fulfills on your purpose**
- **does it meet your whys**

What will it cost you in time and energy?

MODEL OF HOW

How will they find you?

Do you have a Heart and Soul Team? Who is on that team?

Work with the Laws and those in the unseen, receive an idea, form it with your why and how, put it out into the places you are, listen for steps

Doing is a quantum LEAP from imagining. paradox model

Check out the Pyramid on page 15

Clients begin at the bottom of the pyramid. If they want/need more, they invest more time and money and you ask more time and money.

Your tribe may be an entirely new community, those who will respond to your story because it holds solution for them.

Creating in YOUR own economy, a NEW Economy

Apply the Law of Reciprocity to the Cost of this or any Class

- Cost of Class is energy you formed into \$ to benefit the presenter.
- Let it go to do the lifting work it can to for the other.
- Turn to open the gates from Home/Source energy flow to you and imagine it filling your "lake" at least 10 X over.
- Consider taking the information to form a new idea with the intention that the idea will bring you energy formed into \$, or clients, or offers at least 10 X over the money paid for the course.

Honoring Your Energy "bank/lake" in building in the New Economy

- Consider how many hours in a week you have to use for a new project
- In your project requires 2 hours per client and you have 10 hours a week to 'spend' on this project, you can book 5 clients. (Remember to factor in all of the time each client takes, including pre-conversation, prep time for work, and any follow-up you promise.)

Everything begins in Energy... Energy contains more than enough for my support and thriving. Work in energy and watch for the "real" outcomes... and some will indicate that old stories are still there...

Now you have more energy with which to form your new or to expand your business...

Enroll in yourself first: then in a community on the same Landscape
Success is 13 beautifully colored chickens challenge, accountability buddy?

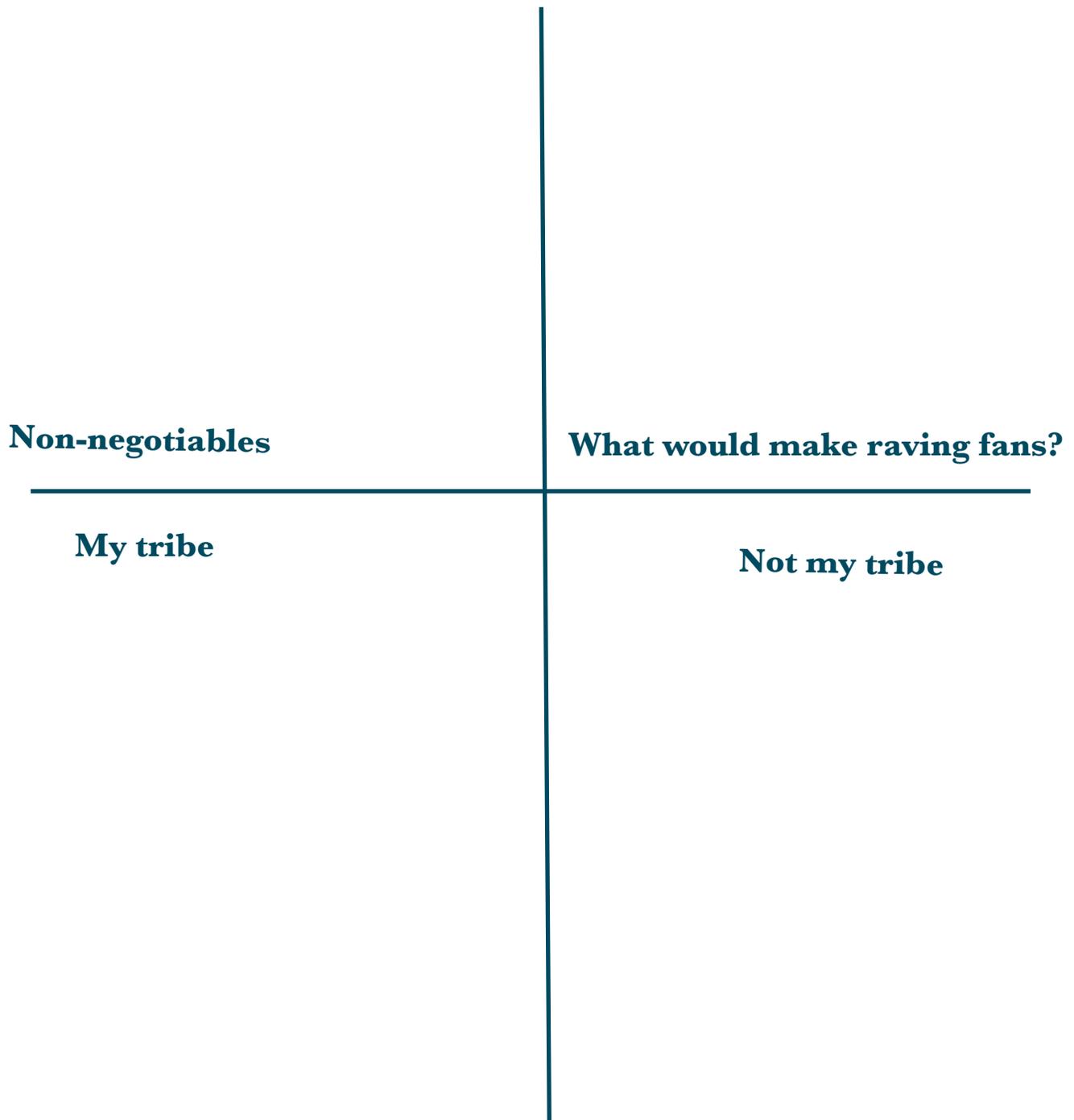
Climb 'Til Your Dream Comes True – Helen Steiner Rice

**Often your tasks will be many,
And more than you think you can do.
Often the road will be rugged
And the hills insurmountable, too.
But always remember, the hills ahead
Are never as steep as they seem,
And with Faith in your heart start upward
And climb 'Til you reach your dream.
For nothing in life that is worthy
Is never too hard to achieve
If you have the courage to try it
And you have the Faith to believe.
For Faith is a force that is greater
Than knowledge or power or skill
And many defeats turn to triumph
If you trust in Good's wisdom and will.
For Faith is a mover of mountains.
There's nothing that Good cannot do,
So start out today with Faith in your heart
And 'Climb 'Til Your Dream Comes True' !**

Ideas We Shared; Forms in Which Your Idea Can be Put

- book
- online
- personal conversations
- lectures into groups
- women taking control of finances
- help older women
- reach out to specifics
- conversation beyond words
- personal causal conversations
- foundational healing package
- word of mouth
- monthly gathering
- social media
- Lecturers into circle expands
- lectures
- guided imagery journies
- blog
- monthly gathering
- Circles for SGC

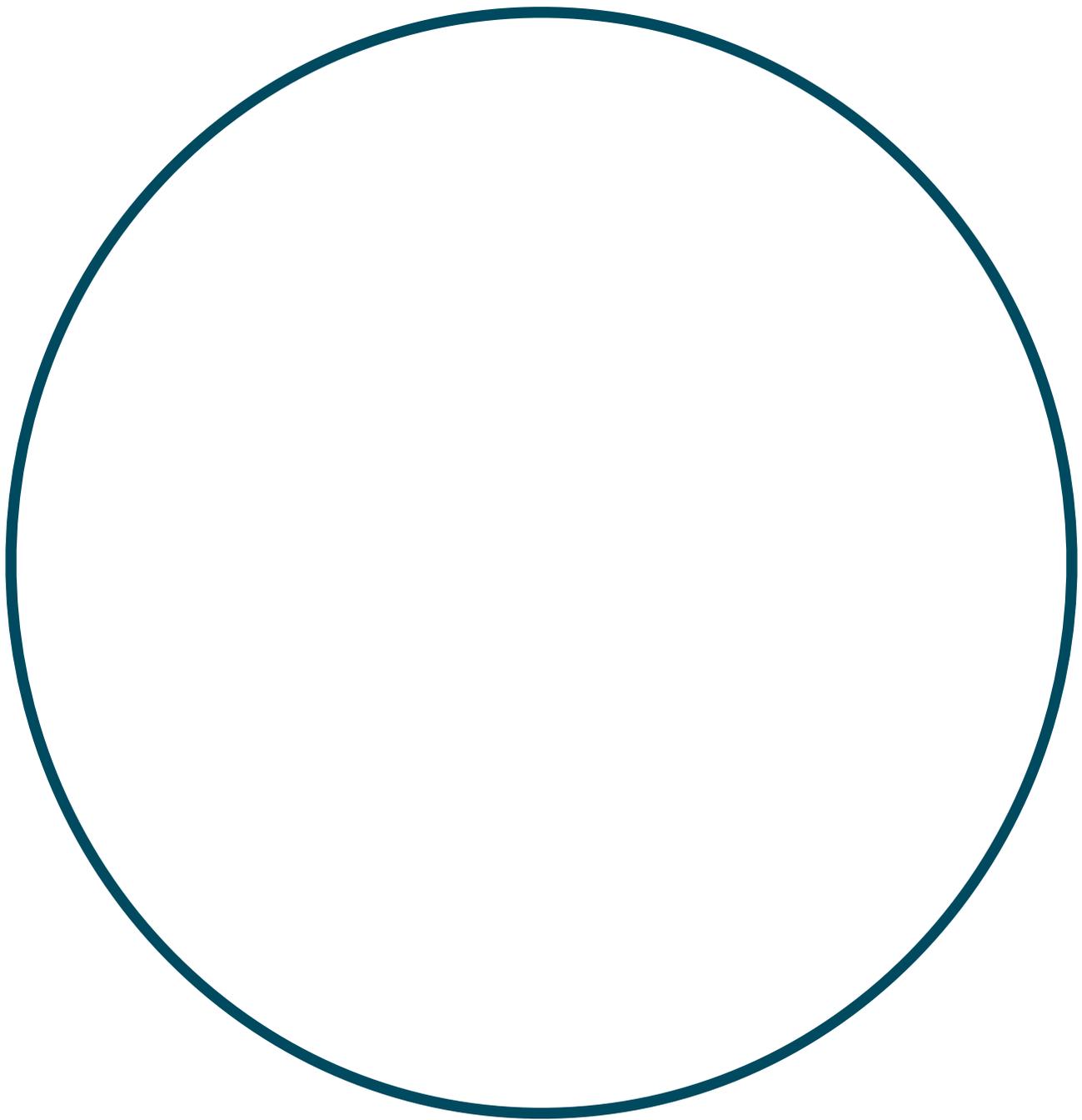
Your Tribe, Your Non-Negotiables: Raving Fans



Your **BEST** Package is the Magic at the TOP
Pyramid from Bari and Blue @ <https://sagehub.com>



Clients look from Bottom UP..



Spending my Time