

Integrated Process

Plan:

Step One: Use this set of processes during the next month. Feel free to stay in touch, feedback, observations, CODE Love requests, etc. during that time.

Reality Statements to set the outcome is the core of the program. That chosen outcome becomes Plan A.

Reality Statements:

1. The answers I committed to find in order to heal multiple past traumas have been found and accomplished.
2. All contracts for healing have been fulfilled, celebrated and released.
3. My physical bodysuit has quickly aligned to the resonance of stability, wellness, vibrancy, and long life on this planet.
4. Erwin and I are living balanced, vibrant, long lives of meaning and joy.
5. I am safe, protected, guided and stabilized as I move through the next steps of my life.

Protocol:

Anchor the Reality Statements with the Reality Shift and Brain Balance

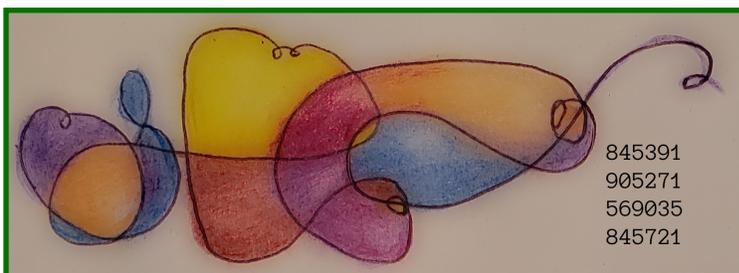
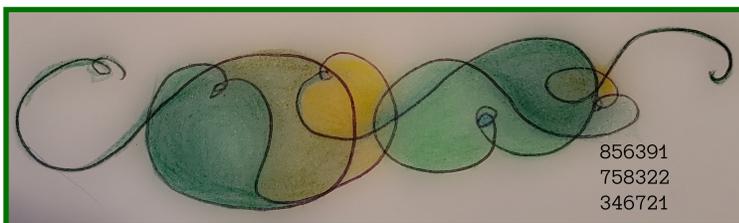
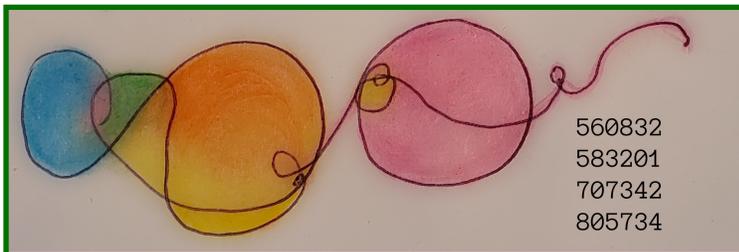
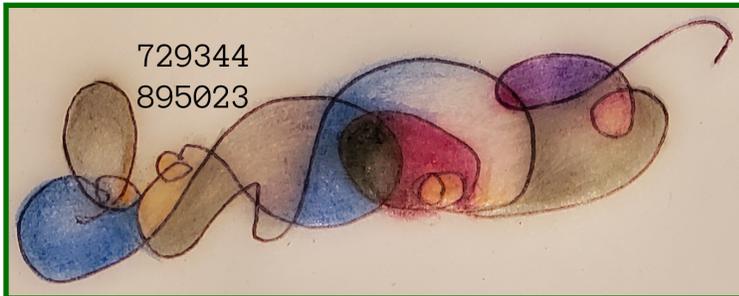
Feed the body with vibrancy of the new choices.

Clear the negative "dust" quickly and effectively.

Application:

1. Do at least one of the Statements in the Reality Shift twice a day rotating until all are claimed and anchored several times.
2. Brain balance with the Reality Shift, walk, or dance. [HERE](#) is a link to an audio you can download to just let my voice lead you through those steps which includes the Cook's Hookup which is a simple Brain Balance..
3. Zeolite drops, 3-5 drops 3 times a day in plenty of water
4. Once or twice a week, EFT to remove negative/trauma 'dust' from dimensions 4 and above. [HERE](#) is a link to a Emma MacKenzie, friend who could explain this work.
5. Take time at least 2 times a week. Use your imagination to send the color needed into the body, body organs, and body systems as needed. You could also use are to broadcast the colors within a drawn picture.
6. If you have a mini or regular trampoline, bouncing gently with the fingertips of each hand held together like a "plug", place them into the indentations of the collarbone and speak or think "Old toxins out. New fluids in" directing the energies into any organ needing healing, rejuvenation, and support.
7. Apollo Neuro is a vibrational device you could use daily. It will broadcast frequencies into the body, neurological system. You would choose the settings and/with glyphs that call to you. [HERE](#) is a link to consider this device.

Galactic Glyphs for Your Program



We are declaring energetic designs for THE Outcome of DIVINE HARMONICS OF GOOD for your Life and Bodies.

Glyphs, symbols, numbers, and colors translate the words of the Reality Statements into language that is understood in the higher regions we call Spirit.

How to use the Law of Manifestation through this protocol.

- Cut the galactic glyphs apart.
- You can carry them in your purse, pocket, place on a shelf, etc.
- If you have a vibrational product such as the Apollo, you can place the glyph within the frequencies field.
- Or, you can place the Glyph under clear quartz crystals.

They will broadcast anywhere, alter, pocket, window, desk, etc.

You and all you love are held within these vibrations.



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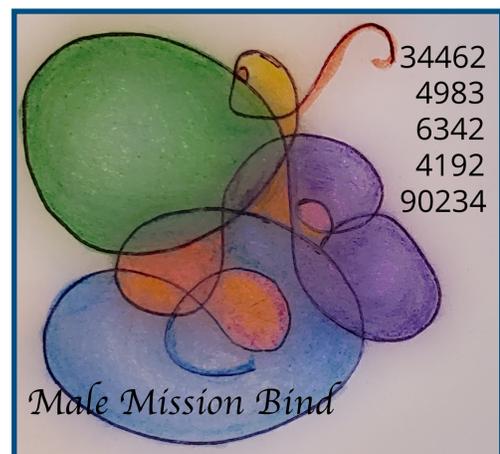
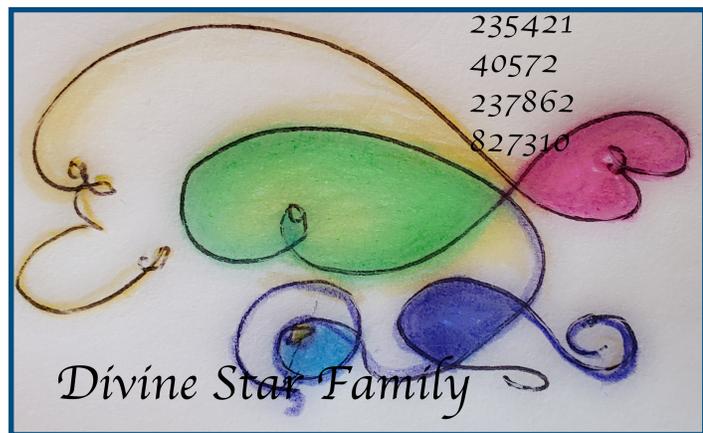


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Bind Glyphs



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