

Reality Statements to Anchor Work

TAG, Galactic System of Transformation



Here are some Reality Statements from the TAG Session work.

It is even more powerful when you take the concepts in your awareness and write your own statements. Either way, it is a very important part of the Session.

I recommend that you speak them through the Reality Shift Process and consider using at least one Brain Balance movement with each one.

Reality Statements to consider:

It is powerful for you to find the words that are yours....

- I have sensitivities to discern energy of domination and harm.
- I have the clarity to name the energy of domination and harm for what it is.
- I have the authority to command the removal of domination energies to their home of origin.
- I am connected to multitudes in the unseen who are ready to act on my declarations.
- All contracts to limit my full access to my spiritual gifts are fulfilled and removed as I move into authority and choice of safety.

Reality Shift:

Step 1. Writing the Reality Statement: Describe your ideal world as if you are experiencing it now. This is similar to an affirmation but need not be specific. Write a sentence using personal and present tense, i.e., "I now am...." You are choosing your next experience and in the process old patterns can be transformed.

Step 2. Say to your Spiritual team, "Please align every aspect of my consciousness and the consciousness and all to whom I am loving connected to this chosen reality and experience." **pause**

Step 3. Next, ask your Spiritual team, to "DEEP SIX every energy imprint that would sabotage or prevent this reality and experience, whether the beginning was, Galactic, Group, Genetic, Personal, Inherited, Contractual, Outsider or Other created." **pause**

Step 4. Ask your Spiritual team, "Create the codes for the Highest Expression of this Reality for myself and those I love.

Step 5. Download the program into the 1st Dimension of my Earth fields, the 5th and Activate its resonance into the entire 64 dimensional energy fields our Galactic Families." **pause**

Then you can know **That It Is So!**

Step 5. Feelings

Now that you, as the commander for your life, have chosen a change, a new possibility, it is up to you to feed it. You can begin by taking just 5 minutes periodically, but especially as you drift into sleep, to imagine yourself in this Reality and FEEL all aspects of it. How does it feel in your body? What colors and shapes are there? Who is in that Reality with you?

[Build the fire! and here is a video](#) that can help.

