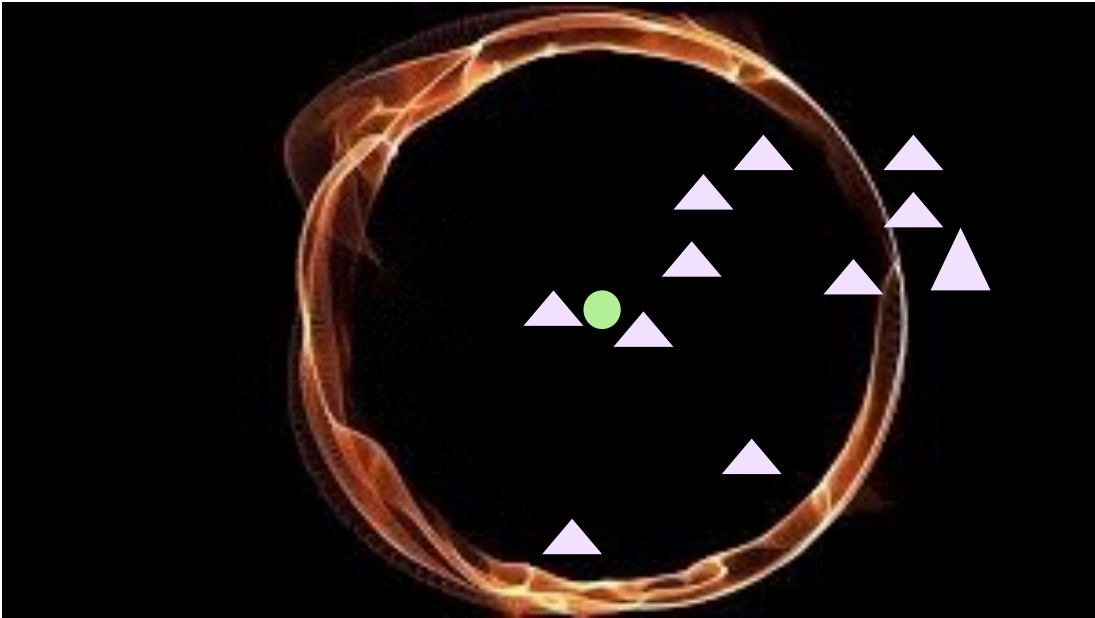


Relationships

Growing Your Relationship Landscape



Having healthy Relationships requires that you answer some questions.

- ~ Why are YOU "relating" to the 'other'?
- ~ Who determines Why YOU are "relating"?
- ~ What determines "healthy" in the relationship?
- ~ Where do YOU begin?

In a RELATIONSHIP LANDSCAPE, YOU are the CENTER.

Like a Garden, there are many plants in a garden. Just so, there are many types of RELATING going on in Your life. Some individuals are on the edge of your circle, you see them infrequently and/or for specific activities. Individuals come into your life. Step by step, they come closer, move further away or remain static. Not everyone will end up spending lots of time close to the center, YOU. However, there is value in the variety.

In a journal, sketch out YOUR RELATIONSHIP LANDSCAPE to answer this question for yourself, "Where am I beginning?"