

What if Nothing Happens?

Assignment #4



Remember, all of the "shadows" that come up are jewels on the journey.

And so, write in your journal the manifestation, "nothing is happening" along with your thoughts, feelings and body sense associated with that experience.

Next, apply any tools that you know to transform a cause/reason and the

impact that each process/tool had.

Wait a day to let the energy shifts you have made settle into a new pattern. Then create Sacred Space and ask your question. This is let you know if your process was able to transform any blocks manifesting previously.

In other lifetimes it became dangerous to show that you had Spiritual gifts. This is especially true for the lifetimes in a Female bodysuit. A survival technique was to hide or deny any Spiritual insights. Because of these survival choices, there are some suggested Reality Statements:

- I am safe as I explore my Spiritual gifts.
- In my community and world, Spiritual gifts are valued and respected. I am safe.
- I open to my Spiritual guides and choose the ways in which I use their information.

As you look at your thoughts and/or feelings in the "nothing happens" experience, you can write Statements that create a new story and outcome.

Don't give up! You are on a very valuable journey!

Process for Your Tool Box

Safe, Stable Communication of Integrity

Are You Of My Light?

Because there are energy programs within our Breath of Life that would rather we stay isolated and weak, notice when you sense anything "off", i.e "nothing is happening." Then, ask the energy of "nothing happening" or other sense of "off", the question, "Are you of My Light?" Beings who want us to stay weak are not of our Divine families of Light. They are not dangerous, nothing to fear. However, they mimic discounting to divert us.

Any presence that is NOT of your Light is easily removed to their Home of Origin with the words, "This energy presence is NOT Acceptable".

Learn more [HERE](#).

Dis-creation Process

A process to use when the energy indicates that it is of your Light and yet would prevent your expansion is the Dis-creation.

Any aspect of your Light that is doing a job to hide, limit or slow you down has taken on that job because at some time in the past, you asked.

Now, as you are choosing to consciously to learn and expand, that job is no longer necessary. You are complete with that experience of limit. This process is an easy one to let it go.

Download the .pdf.