

Moon Path to Sun Path

Assignment #6



While attending a workshop with an alchemist trained in the Hermetic tradition of ancient Egypt, someone asked if he knew of Sathya Sai Baba.

The Alchemist replied, "I do not know this man." The one asking the question then explained some of how he manifested forms and described Baba's way of interacting with his followers.

"Oh," said the Alchemist. "He is a Moon Path teacher. I am a Sun Teacher." I had not heard these terms before and they are important to know.

When an individual's life has taken her/him as far as their basic concepts can, they often hit walls. Those walls may be an accident, a disease, the breakup of a relationship, etc. It is in that experience of pain that one often becomes aware that they don't have the skills or understanding to move beyond it.

At that point, the individual looks around and finds others who have made it through, who are sharing possibilities of peace. It is common that the understandings have come through personal experience of overcoming walls. This person is modeling a path that helped them. It is a Moon path. Someone else's journey that gives encouragement and support for others hitting their own walls.

As the Alchemist explained, "The Moon path is intended to empower others while those in pain find their own Inner Guidance, their own Sun path. It is the directions of the Sun path that will lead a Soul back to the Magnificence of their True Self."

A Moon path teacher of integrity will always empower the "other" to find their own answers. Otherwise, the Moon teacher traps followers as if He/She is the answer.

Process for Your Tool Box

Your Personal Path to Your Divine Nature begins with You

Are You in Good Mind?

This is a good time for you to become aware of Good Mind. This is a philosophy given to the Iroquois Nations by the one they call, The Peace Maker.

The Nations have designated 7 qualities that are critical to living in peace. This is similar to the values and qualities that you wrote for your space and work.

In the Good Mind model, it is up to each individual to monitor their own energy fields. No one else is to blame if they are angry, or afraid, or lonely. They teach their children from a very young age to notice their thoughts and feelings with the question, "Are you in Good Mind?"

The ways for an individual to get back into Good Mind are multiple. This is where your own personal "toolbox" comes into play. What works for you? Dance, meditation, healing techniques, a walk on the beach, sweat lodge?

Practice noticing when your thoughts or feelings are contrary to inner peace, generosity, respect, etc. When you notice, take time to apply tools you have and watch as you bring yourself back to a centered place.

This is a time to listen to your own inner guidance and build trust for your Sun path.