

Expand Your Capacity

Assignment #8



The energy waves that are around us are filled with information.

You have been practicing communications with teachers and guides who reside in worlds beyond Earth. That is one technique to bring valuable information in the unseen fields of energy into understandable form. There are many more.

The most important thing to remember is that YOU are the one who determines the quality of the information, the value and ability it has to bring benefit to your life. Additionally, the application of the information will do no harm to you, others or the planet.

When you keep energizing your space as Sacred Ground for Sovereignty and Good, you can safely explore other techniques that will make energy visible.

Here is a partial list:

- Divination Cards, I like Colette Baron Reid sets [Videos](#)
- Astrology
- Numerology
- I-Ching
- Destiny Cards
- Tarot Cards
- Automatic writing
- Pendulum work
- Ouija board, this is a tool with lots of negative energy associated with it. Realize that you will want to secure sacred space, call for only the highest and best and create boundaries to prevent any 'negative' influence.

I find that I like the option to work with any of these. They each have their own 'voice' that you will learn to recognize and appreciate.