

Actions to Anchor Work

TAG, Galactic System of Transformation



Here are actions to take. First, Reality Statements within the Reality Shift. Second, keeping yourself, space, creations surrounded with the Guardian Circle protocol.

Statements to consider:

- I place my mom into the hands of Divine Good and interact with that team in the love I have her.
- I am a part of a relay team who are all working for a Good Outcome. We take turns resting, and "racing". We are balanced.
- All those who kept me safe in the endless cultures of domination and dismissal are not freed to live in the safety, creatively and love that I have designed and activated.
- All doors and contracts no longer needed for limit and safety are fulfilled and dismantled.
- I step more fully and safely into an expansion of my life.
- In this new reformed Star family design door for me next highest expression open wide and draw me through.

It is even more powerful when you take the concepts in your awareness and write your own statements. Either way, it is a very important part of the Session. I recommend that you speak them through the Reality Shift Process and consider using at least one Brain Balance movement with each one.

Reality Shift Process:

This is the tool you can use to redesign and expand your life. Unlike an affirmation, the Reality Shift works from the higher realms and is directed by your soul design.

It is very important to focus on what you desire and sometimes that is clear because of the experiences you no longer want.

Here are the steps:

Reality Statement: You are choosing your next experience and in the process old patterns can be transformed. Say or think one statement at a time.

1. Declare to your Spiritual team, "Please move every aspect of my consciousness and the consciousness and all to whom I am loving connected into this chosen reality and experience." pause and breath
2. Next, ask your Spiritual team, to "DEEP Six" every energy imprint that has, is, or would sabotage or prevent this reality." pause and breath
3. Call in your Divine Design team. "Evaluate what is needed and design a program for the highest expression of this reality for myself and all I am connected to in love. pause and imagine it being done
4. Say to your Design team, "Download the codes for the program into the first dimension, my feet and earth center, and anchor the program in the 5th dimension of my energy field. pause
5. Ask your Spiritual team, "Anchor this energy reality imprint into the 1st Dimension of my Earth fields and Activate its resonance into the entire 64 dimensional energy fields our Galactic Families." pause and breath

Then you can know That It Is So!

A Reality Shift can be repeated three to four times for the first three days. Treat this energy field like you are building the fire to keep you warm. Imagine the outcome. Give thanks for the new experience, etc. You can also create a card with your reality statement to post on your mirror, refrigerator, in your office, etc.

Guardian Circles:

Ask that a Guardian Circle cocoon you as you wake up each day. You will want a circle around yourself, your home, property, business, loved ones. Also, it can be placed around those who are out of balance to prevent their energies