

Zeolite

Here are some details...

Zeolite acts like a sponge. It pulls heavy metals and toxins from the cells into itself and hold them while moving the them out of the body via the kidneys. It does not dump the toxins into the blood nor pass them through the liver. It is wise to increase the amount of water you drink while taking zeolite.



I was told that a maintenance dose is 3 drops into a glass of water taken 3 times a day. It is well to spread the dosage out, like a time-released process. If you put 9 drops into a water bottle and drink it throughout the entire day along with plain water, that works also.

A cleansing dose would be 5-7 drops in water 3 times a day.

I would suggest that you begin with 3 drops, 3 times the first day. Then up to 4 drops, 3 times a day for the next day, up to 5 on the next day. Hold it at 5 drops, 3 times a day for a day or two.

Realize during the first 1-3 days, the zeolite will be picking up any free-floating toxins and you will not want to pull more out of the cells until the initial amount is cleared.

After that, stay with the 5 drops, 3 times a day for a day or two and then up to 6 and then 7.

In a regular 'cleanse' you might have 'cleansing symptoms' which will be an indication to back off on the cleanse. With Zeolite, any symptoms in an indication you can up the amount of drops as there is more toxins ready to be pulled in.

You can also put drops on zeolite in water to soak your feet or to rub directly onto your feet. I have used it as a food bath to soak fresh foods I was concerned about sprays.



Liquid Zeolite Enhanced with DHQ.. 4 for \$56 Only \$14 ea.